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Helping You To Live Well With Celiac Disease

Happy summer! Here is a little update on the recent happenings at the Center for Celiac Research (CFCR).

On May 7, USA Today with Media Planet had a special supplement on celiac disease...10 pages! It highlighted PGA star Sarah-Jane Smith as well as other personal stories from people living gluten free. The Center for Celiac Research had a whole page dedicated to informing people of the great things we do here. It was a comprehensive article and touched on key topics about celiac disease and the GF diet. You can view the whole article on our website (link above). Since May is Celiac Awareness Month, the article was a great way to promote the cause because it was predicted to hit about 1 million readers!

The State of Maryland and the City of Baltimore have also showed their support by providing proclamations for May Celiac Awareness Month. If you haven't already contributed to the CFCR this year, you can make a special donation at this time in honor of these great achievements!

2010 Baltimore Making Tracks for Celiacs was a success! On Sunday May 2, at 9am we had over 700 people start the race. It was a hot day, but much more tolerable than the torrential rains we had last year. The Saturday before, the CFCR participated in the Fox 45 B'more Healthy Expo at the Baltimore Convention Center. This was a great opportunity to spread the word about celiac disease and gluten intolerance.

Upcoming Events

Some events on the calendar are the other Making Tracks for Celiacs walk/runs happening across the country in May, June and throughout the summer. Check the walk/run website (link above) for more information to see if there is an event in your area! Making Tracks for Celiacs is pivotal in increasing awareness of celiac disease and in raising funds for research and for local and national initiatives.

News

Researchers at the University of Maryland School of Medicine are leading a new international research initiative, funded in part by the Vatican, to explore the therapeutic potential of intestinal stem cells. The International Intestinal Stem Cell Consortium will include scientists from several institutes in Italy as well as from the University of Maryland School of Medicine. "This new coalition brings together scientists from both sides of the Atlantic to ensure we are exploring every avenue of stem cell research in order to bring real treatments as quickly as possible to patients suffering from deadly conditions such as Alzheimer's disease and multiple sclerosis," said Dr. Alessio Fasano, who is coordinating the consortium. In addition to the scientists at the University of Maryland School of Medicine, the group will include researchers from the Instituto Superiore di

Traditional Ice Cream Sandwiches
from Jules Gluten Free

Ingredients:

- 1 bag Jules Gluten Free™ Graham Cracker/Gingersnap Mix*
- 3/4 cup Earth Balance Shortening or Buttery Sticks (or try Earth Balance Buttery Spread - soy free)
- 1/4 cup honey
- 1 tsp. gluten-free vanilla extract
- 1/2 cup water
- (*if you want to bake from scratch, add these ingredients:)
- 1-1/2 cups Jules Gluten Free™ All Purpose Flour
- 1 cup fine white rice flour
- 1/2 cup buckwheat or brown rice flour
- dash of salt
- 2 tsp. cinnamon
- 3 tsp. baking powder
- 1 cup light brown sugar

To see the rest of the recipe, click here.

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Celiac Clinic - 22 South Greene
Street N5W40 - Baltimore - MD -
21201

410-328-6479

Sanita, the University of Salerno in Dr. Fasano's hometown of Salerno, Italy, and the Bambin Gesù in Rome, the largest children's hospital in Europe. Dr. Fasano said researching stem cells found in the intestines is a promising area that has been largely neglected until now. It is likely the first treatments that might result from the research would help patients with intestinal disorders such as celiac disease. To read the full article, visit the CFCR website.

We have two new books on our website available for purchase. Fast Facts: Celiac Disease, co-authored by Dr. Alessio Fasano. It is an excellent clinical resource for the primary care team, gastroenterologists in training and anyone who wants to know more about this challenging disease.

The Gluten-Free Guide to Washington D.C. (and surrounding areas), by Sara Diana Friedman, who has generously decided that all proceeds from this book will benefit the CFCR. This book contains an in depth list of restaurants, bakeries, caterers, and health food stores in the D.C., Maryland, and Virginia areas that offer gluten-free options.

Our annual fund campaign continues to be an important part of the CFCR as it provides unrestricted support for the operation of the Center. Your support will allow us to accelerate our goal of finding an alternative treatment/cure for CD and continue to improve the quality of life for all patients and their families with CD. Please pass this newsletter on to friends and family!

Give Now

Funds for the CFCR are administered by the University of Maryland Baltimore Foundation, Inc.

questions?

celiaccenter@ped.s.umaryland.edu



Order celiac awareness bracelets and magnets today!



CENTER FOR CELIAC RESEARCH

20 PENN STREET, ROOM S303B, BALTIMORE, MD 21201 | T. 410-706-8021 | F. 410-706-5508